



ARE YOU GETTING TOO MANY NOTIFICATIONS?

learn how to manage your notifications below



Phone Calls

After receiving a phone call notification, stay on the line. At the end of the message, you will have the option to unsubscribe from receiving a phone call.



Text Messages

After receiving a text message notification you can reply **STOP** to no longer receive text message notifications.



Emails

After receiving an email notification, scroll all the way to the bottom and click the **UNSUBSCRIBE** button in the fine print.



SAU#9 App

Go to the settings on your phone and change your notifications setting for this app.



School Messenger App

You can change your preferences, by clicking on the three lines in the top left corner, click preferences and then change your notification settings there.

WARNING

If you **UNSUBSCRIBE** from all of the notifications you will NO LONGER receive any notifications from your school or the SAU #9 Office